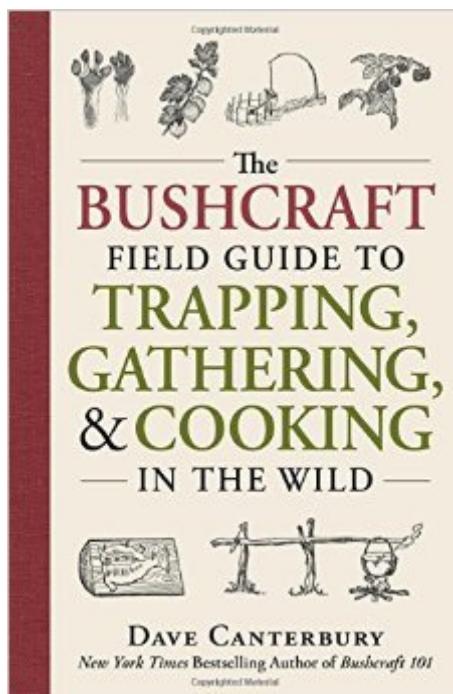


The book was found

# The Bushcraft Field Guide To Trapping, Gathering, And Cooking In The Wild



## Synopsis

What to eat, where to find it, and how to cook it! Renowned outdoors expert and New York Times bestselling author Dave Canterbury provides you with all you need to know about packing, trapping, and preparing food for your treks and wilderness travels. Whether you're headed out for a day hike or a weeklong expedition, you'll find everything you need to survive--and eat well--out in the wild. Canterbury makes certain you're set by not only teaching you how to hunt and gather, but also giving you recipes to make while on the trail. Complete with illustrations to accompany his instructions and a full-color photo guide of plants to forage and those to avoid, this is the go-to reference to keep in your pack. The Bushcraft Field Guide to Trapping, Gathering, and Cooking in the Wild helps you achieve the full outdoor experience. With it, you'll be prepared to set off on your trip and enjoy living off the land.

## Book Information

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## Customer Reviews

I just read Dave Canterbury's new Trapping, Gathering, and Cooking book. This "cook" book is chock full of cool information! Selecting gear, trail foods, recipes, cooking tips and techniques, cooking implements and cooking gear that you carry in and cooking in the field without gear and how to do it! It has a section on how to hunt and trap game, meat gathering methods, upland game, fish, frogs and everything in between. There is also FULL COLOR glossy pics to help id edible plants as well as "look a likes" for everyone's safety. If you already have Bushcraft 101 and Advanced Bushcraft, this third installment is a MUST HAVE for your bookshelf. This would be a GREAT gift for introducing someone into the world of outdoor cooking and its endless possibilities.

This book just solidifies the meaning of truly a œsmoothingœ • it in the great outdoors.

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